

FOODBANK FORTNIGHT

DOWNLOADABLE RESOURCES

SHORT VIDEO EXCERPTS

BBC Newsround: [What Is a Food Bank?](#) (1:45)

A clear, child-friendly explainer of how food banks operate in the UK

BBC Newsround: [Kids in a Cost of Living Crisis](#) (2:02)

Young people visit a food bank, share their experiences and the impact on families

TEACHING RESOURCES

[Twinkl](#) - Food Bank teaching packs with posters, worksheets, role-play ideas (free trial available)

[TES](#) - What is a food bank? - Resources for 14 - 16 year olds.

[The Great \(Food\) Bank Heist](#) - has been produced to provide ideas for guiding young readers through Onjali Q. Raúf's short novel with powerful themes.

The guide is written to be used after reading the full text, allowing you to discuss the book and its overarching themes as a whole. This resource has been developed as a collaboration between Trussell and Barrington Stoke.

NEWS AND STATS

[Trussell End-of-Year Stats](#) - Factsheets and data on emergency food parcel distributions across the UK, including breakdowns for England, Scotland, Wales and NI (2024/25: 2.9 m parcels)

[House of Commons Library Briefing](#): Food Banks in the UK

Independent analysis of Trussell Trust and DWP data, trends in parcel numbers, and regional breakdowns

[Parliamentary Briefing](#): Food Poverty and Free School Meals

Latest HBAI figures on food-bank use (3% of UK population in 2022/23) and links to free school-meal provision

